



Weekly Medical Alert

**24 -31 OF OCTOBER
WEEK 43 - 2016**

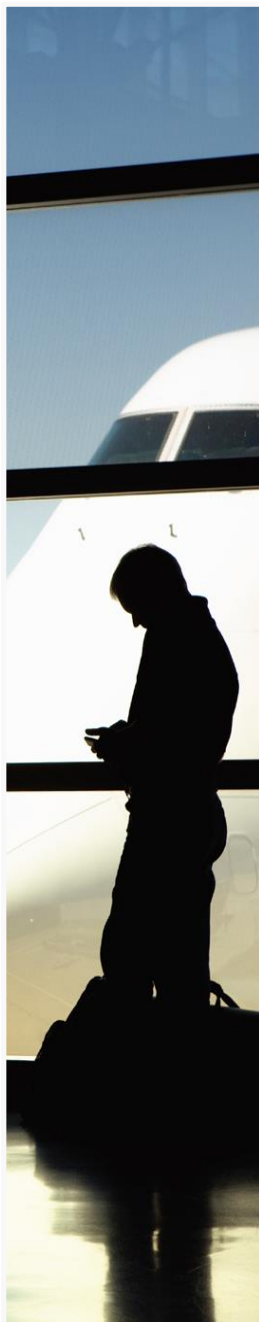
Femeraid Air Rescue International Unit will assess on weekly base all health risk around the World and produced a summarized report for Knights and Dames of Our Sovereign State.

Femeraid Air Rescue International

Emergency number
244 921548797

Malta
La valleta

www.femeraid.net
Nuno.cosmelli@rescueteam.com



Contents

Americas

Haiti Hurricane Matthew - Cholera Alert

Hurricane Matthew has devastated areas of Haiti, with hundreds of injuries and fatalities, and displaced over 2 million people. Essential infrastructure and services, including power, telecommunications, transport and medical facilities, are damaged and disrupted. A state of emergency is in effect.

Please consult more details below

Asia & the Pacific

Pakistan - Crimean Congo Hemorrhagic fever

A seasonal increase in cases of Crimean-Congo haemorrhagic fever (CCHF) has been reported in the country. Karachi city has been affected. Some deaths have also occurred.

Please consult more details below

Mid East & N Africa

South Sudan - Cholera Outbreak

Cases of cholera continue to be reported in several states. Affected states include Eastern Lakes, Imatong, Jonglei, Juba and Terekeka. Other regions remain at risk of sporadic outbreaks as the disease is consistently present in the country.





Femeraid Air Rescue International – weekly medical alert

Medical alerts worldwide

Haiti: Hurricane Matthew: health implications, cholera outbreak

Level: Advisory

Location: Haiti - Haiti;

Category: Cyclone, Cholera

Hurricane Matthew has devastated areas of Haiti, with hundreds of injuries and fatalities, and displaced over 2 million people. Essential infrastructure and services, including power, telecommunications, transport and medical facilities, are damaged and disrupted.

A state of emergency is in effect.

Cholera cases are increasing throughout the country, including in areas that were not directly affected by the hurricane. Acute respiratory infections, influenza-like-illnesses, fever and other acute diarrheal diseases have been recorded. Malaria cases have also been reported.

Safe drinking water and food may be in short supply. **Defer non-essential travel.**

Femeraid Air Rescue Advice

Defer non-essential travel. For those who will still travel, such as relief workers, prior to travel:

- Consult a travel health doctor or clinic for an individual health assessment.
- Ensure routine vaccinations are up-to-date, and consider additional vaccinations (typhoid, hepatitis A, cholera).
- Consider malaria preventive medication
- Pack a first aid kit, and consider including water purification supplies.

While in Haiti:

- Prevent mosquito bites. Use an effective insect repellent, such as one containing DEET. Re apply as necessary.
- Avoid flood waters. If you must wade through waters, cover all cuts, wear protective clothing and footwear, and wash thoroughly afterwards.
- Treat skin infections early.
- Practice good hygiene. Wash your hands frequently.

Please contact us
we can do your trip
risk assessment and
protect you

Femeraid Air Rescue International



Emergency number
244 921548797

Malta
La valleta

www.femeraid.net
Nuno.cosmelli@rescueteam.com



Fameraid Air Rescue International – weekly medical alert

- Drink only boiled or bottled water, or canned or carbonated beverages.
- Select food carefully. Choose food that has been thoroughly cooked while fresh and is served hot.
- Avoid pre-peeled fruit and raw vegetables.

For more information: Contact Fameraid Air Rescue through our skype or email

Asia & the Pacific

Pakistan: Increase in Crimean-Congo haemorrhagic fever (CCHF)

Level: Notice

Location: Pakistan;

Category: Crimean-Congo Fever CCHF

A seasonal increase in cases of Crimean-Congo haemorrhagic fever (CCHF) has been reported in the country. Karachi city has been affected. Some deaths have also occurred. CCHF is a potentially fatal viral illness transmitted by tick bites or through direct contact with infected body fluids. Symptoms include flu-like illness, abdominal pain and bleeding often occurs. There is no vaccine.

The risk to Knights and dames travellers is low.

Risk is higher in those who are exposed to ticks (such as agricultural workers, livestock handlers, hikers, campers), and healthcare workers and family caring for sick relatives.

Advice Observe routine hygiene:

- Avoid contact with sick people and their body fluids.
- Avoid contact with potentially infected animals.
- Wash hands often.

When in areas where ticks are present (for example wooded areas, fields, tall grass), do:

- Wear protective clothing such as long pants and tuck pant legs into socks.
- Use an effective insect repellent, such as one containing DEET.
- Consider soaking or spraying your clothes with the insecticide permethrin. (Do not apply permethrin directly to the skin).

Fameraid Air Rescue International



Emergency number
244 921548797

Malta
La valleta

www.femeraid.net
Nuno.cosmelli@rescueteam.com



Fameraid Air Rescue International – weekly medical alert

- After coming indoors, search for ticks on your body and clothing. Promptly and safely remove any ticks.

Middle East & N Africa

South Sudan: Cholera outbreak

Level: Notice

Location: South Sudan;

Category: Cholera

Cases of cholera continue to be reported in several states. Affected states include Eastern Lakes, Imatong, Jonglei, Juba and Terekeka. Other regions remain at risk of sporadic outbreaks as the disease is consistently present in the country.

Cholera spreads via contaminated food and water.

Symptoms include vomiting and profuse, watery diarrhea which can lead to severe dehydration.

Travelers staying in quality accommodation are at lower risk. Pay strict attention to hygiene and consider vaccination.

Advice Do the following:

Drink only boiled or bottled water, water that has been treated with chlorine or iodine, or carbonated beverages.

- Select food, water and other beverages carefully.
- Choose food that has been thoroughly cooked while fresh and is served hot.
- Avoid ice, raw fruit, and raw vegetables (including salad). Fruit and vegetables that you peel yourself are safer choices.
- Pay close attention to hygiene. Wash your hands frequently, especially before eating.
- Get medical advice / treatment if you develop severe diarrhea and/or vomiting.

Consider: Vaccination, if travelling to an outbreak area and carrying water purification supplies with you

Fameraid Air Rescue International



Emergency number
244 921548797

Malta
La valleta

www.femeraid.net
Nuno.cosmelli@rescueteam.com



Femeraid Air Rescue International – weekly medical alert

FEMERAID AIR RESCUE TEAM INTERNATIONAL UNIT



Dr . Nuno Cosmelli

Emergency physician

Flight Doctor

Position Director

24h mobile. 00 244 921548797

Nuno.cosmelli@rescueteam.com

Skype nuno.cosmelli



Dr Rui Araujo

Anaesthesiologist

Flight Doctor

Position Vice Director

24h mobile. 00 351 917 435 457



Femeraid Air Rescue International

Malta

La valleta

N.º de tel. 244 921548797

Skype nuno.cosmelli

www.femeraid.net

Femeraid Air Rescue International



Emergency number
244 921548797

Malta
La valleta

www.femeraid.net
Nuno.cosmelli@rescueteam.com